

2023 Staples Award - Stephan Carlson, M.D.

**The Staples Award has historically been awarded to ASAP members who have contributed significantly to ASAP and the greater community of Adolescent Psychiatry during the previous year(s).**

This year's award is presented with pleasure to Dr. Stephan Carlson.

Dr. Carlson is not only an active and involved ASAP member, but also an active ABAP Diplomate, having been certified by ABAP in 2019. In addition, he served as ASAP President for 2019-2020 and since 2020 has served as our CME officer. In that capacity, he has assured us that our 2020-2022 annual meetings have met accreditation criteria and assisted tremendously with the planning and preparation of those meetings, attending numerous and frequent Annual Program Committee meetings.

Dr. Carlson also began his tenure as the Editor-in Chief of our Journal, [Adolescent Psychiatry](#), in 2021. In that capacity, he sets the tone for the journal, oversees the editorial board, and reviews many submissions for inclusion in the journal editions. He has done this with no monetary compensation.

Dr. Carlson has also been very committed to strengthening ASAP through the establishment of additional continuing education opportunities for its members. As CME officer, he informs the membership regularly of virtual continuing education opportunities available to them, has participated in groundwork discussions to develop an annual review course, and more recently has enthusiastically supported the [ASAP 2023 Presidential Educational Initiative](#), not only through contributing his time to attend its initial fundraising event in Connecticut on February 15, 2023 at his own expense, but also as an initial sustaining donor in our fundraising efforts.

Dr. Carlson maintains an active clinical practice as well as a lead academic affiliation with Brookdale University Hospital Medical Center, where he is Director of Clinical Education for the Department of Psychiatry and is actively involved in the teaching of medical students and residents there, as well as at SUNY Downstate where he holds the academic rank of assistant professor. He holds academic appointments at several other institutions where he is involved in teaching and mentoring trainees, and most recently, obtained an MBA degree. He also makes contributions to the field through his involvement in the American Psychiatric Association, The American Academy of Psychiatry and Law, and the American College of Emergency Psychiatry.

Through his involvement in ASAP both internally and as one of its ambassadors, his dedication to the profession of adolescent psychiatry, his leadership, and his many academic and community contributions, Dr. Carlson emulates the spirit and dedication of Dr. Herman Staples, and is most deserving of our thanks and this year's Staples Award.